

Community Health Improvement

Texas Health Community Impact: Investments in Johnson County

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What Shapes Our Health?



40% **Socioeconomic Factors**
Education, income, jobs, social support, safety

30% **Health Behaviors**
Diet, exercise, tobacco, alcohol, sexual health

20% **Health Care**
Access and quality of care

10% **Physical Environment**
Where we live and work

Source: Centers for Disease Control and Prevention

Texas Health Community Impact



Guided by health and community data

Non-medical drivers of health

Physical and mental health

Regional expertise

Working with five Leadership Councils

Relationships cultivated with **550+** community organizations

Grants for community organizations

Between 2019-2024, awarded **\$18.2 million** across

- **49** program grants impacting nearly **90,000** individuals
- **Nine** grants making system-level changes in **41** school districts and **65** organizations

Measurable change in the communities we serve

View results



TexasHealth.org/Futures

Southern Region's Journey



2023-2024 Grant Cycle: *Starting Point* Continues



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www.startingpointJCTX.org



2025-2026 Grant Cycle Strategy

Overall aim: Address mental health and non-medical drivers of health in high-need geographic locations within Erath and Johnson Counties.



Phase One – Jan. 1 to June 30, 2025

- Competitive planning grants awarded to community collaboratives
 - Erath County: Two
 - Johnson County: Three
- Quality assessor to measure collaboratives

Phase Two – July 1, 2025, to Dec. 30, 2026

- From Phase One community collaboratives, one per county awarded funds to implement their plan

Phase One Planning Grants: Johnson County Participants

- **Timeframe:** Jan. 1 to June 30, 2025
- **Target Areas:** 76031, 76033 (Cleburne), 76059 (Keene) and 76093 (Rio Vista)
- **Goal:** By June 1, 2025, the collaborative will develop an innovative 10-pronged plan to address mental health and non-medical drivers of health for a target population within Johnson County.

Johnson County Wellness Initiative – Nourishing Communities Together

Lead Agency: Harvesting in Mansfield Food Bank

Collaborative Partners:

- Rio Vista Cares
- The Keene Church

Funded: \$33,333.33

Together We Grow

Lead Agency: REACH Council

Collaborative Partners:

- CASA of Johnson County
- East Cleburne Community Center
- Johnson County Juvenile Services
- Southwestern Adventist University

Funded: \$33,333.34

Virtual Senior Center

Lead Agency: Meals on Wheels North Central Texas

Collaborative Partners:

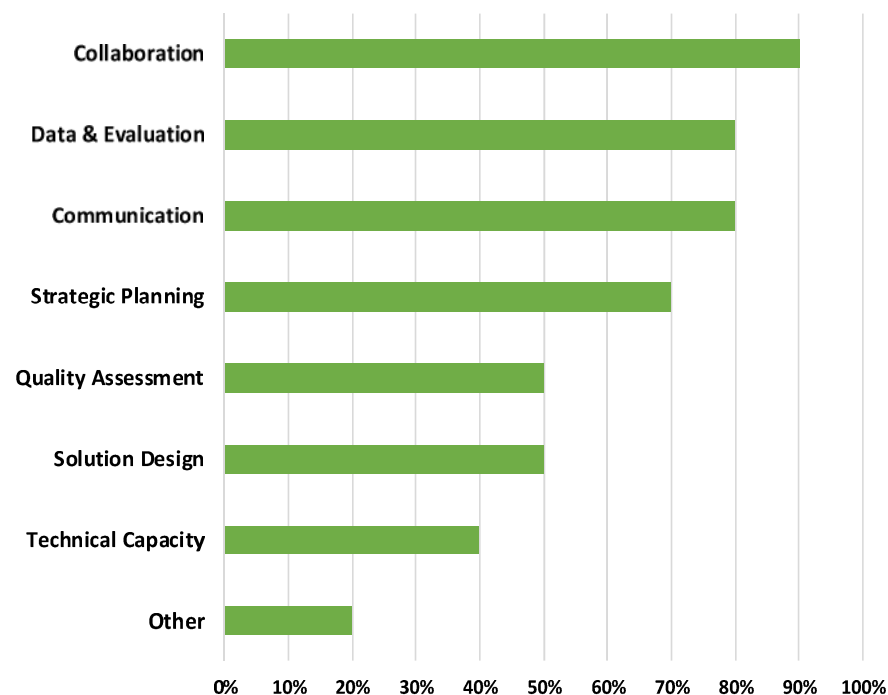
- City of Cleburne Parks and Recreation
- Texas A&M AgriLife Extension Service Johnson County

Funded: \$33,333.33

Phase One Planning Grants: Impact on Johnson County Participants

100% feel more knowledgeable about collaborating with other organizations to develop a grant proposal

2025 Planning Grants: Skills Gained



Phase Two Implementation Grant: Johnson County

“Together We Grow” Collaborators:

- REACH Council (lead grantee)
- CASA of Johnson County
- East Cleburne Community Center
- Johnson County Juvenile Services
- Southwestern Adventist University

Amount awarded: \$250,000

Program name: Seeds to Success



Grant aims: Increase resilience and access to education and employment for youth and young adults in our priority ZIP codes: 76009, 76031, 76033, 76059 and 76093.

EDUCATION & CAREER ENHANCEMENT



GROWING THE FUTURE FOR JOHNSON COUNTY YOUNG ADULTS

REACH COUNCIL



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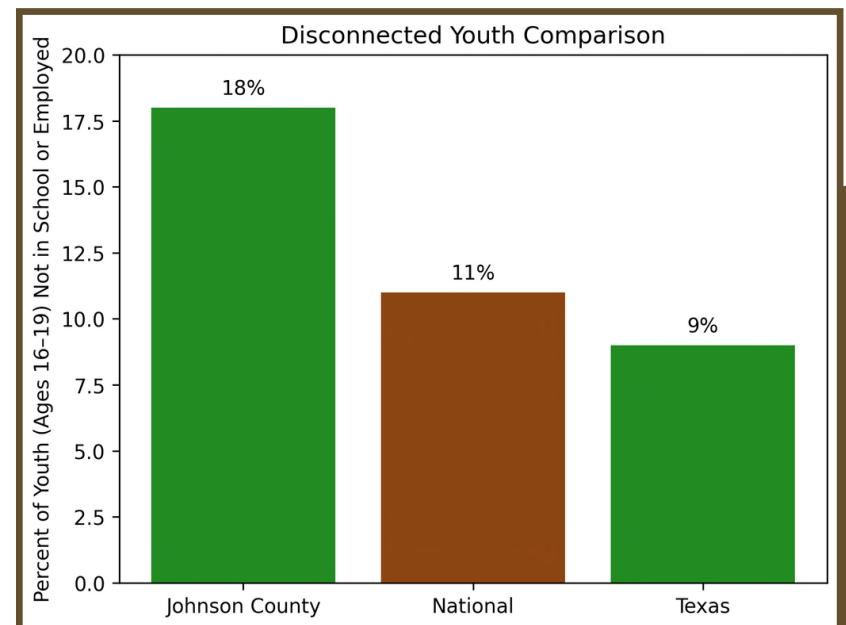


THE NEED:

18% of youth ages 16-19 in Johnson County are not enrolled in school or employed.*

- **WHERE ARE THESE YOUNG PEOPLE IN OUR COMMUNITY?**
- **WHAT BARRIERS ARE CAUSING THEM TO FALL THROUGH THE CRACKS?**
- **HOW CAN OUR COMMUNITY HELP RECONNECT THEM?**

*This data comes from the U.S. Census Bureau's American Community Survey.



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OUR SOLUTION:

TO INCREASE RESILIENCY AND COMMUNITY-BASED SUPPORT



ONE-ON-ONE MENTORSHIP

Our peer advocate works with participants to create individualized goals and success plans.

PEER SUPPORT GROUPS

Support groups help build connection with participants and reduce feelings of isolation.

SKILL-BUILDING WORKSHOPS

Opportunities to learn how to build a resume, interview skills, positive coping skills, public speaking, and more.

PROSOCIAL ACTIVITIES

Providing positive alternatives increases healthy relationships, confidence, and connection.

INTRODUCING SEEDS TO SUCCESS

This program is supported by Texas Health Resources as part of a Texas Health Community Impact grant award. The contents are those of the authors and do not necessarily represent the official views of Texas Health

TO JOIN:

- OPEN TO AGES 15-25
- MUST RESIDE IN CLEBURNE, KEENE, ALVARADO OR RIO VISTA
- SCAN THE QR CODE TO JOIN OR REFER
- OUR PEER ADVOCATE WILL REACH OUT
- NO INCOME-BASED REQUIREMENTS!



You may also email us at S2S@ReachCouncil.org to refer someone to the program.

A FUTURE RECONNECTED.

One of our adult participants aged-out of the foster care system and is a single mom. She is also a survivor of domestic violence and working diligently towards regaining custody of her daughter. We have helped her with:



**HIGH SCHOOL
DIPLOMA**



**TRANSPORTATION
TO AND FROM WORK**



**IDENTIFYING FUTURE
CAREER PATHS**



**DRIVING SCHOOL
& LICENSE**



OTHER JOHNSON COUNTY PROGRAMS

Reach Across Johnson County is a program of REACH Council. Our work aims to prevent and reduce substance misuse and promote positive mental health and coping skills in Johnson County.

- ▶ **JOIN OUR COALITION!**
Partnership between 12 sectors of the community.
- ▶ **YOUTH PROGRAMS**
Youth-led, adult-guided programs bringing leadership opportunities for youth.
- ▶ **YOUTH RECOVERY**
Free program for ages 13-21 who are at-risk for or already engaging in substance use.
- ▶ **TRAINING OPPORTUNITIES**
Overdose response, workplace burnout, emerging drug trends, youth mental health.
- ▶ **PREVENTION EDUCATION**
Evidence-based curriculum opportunities for students and families.

CONTACT US.

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Conclusion

- **Texas Health continues to invest in Johnson County organizations collaborating on innovative solutions that address barriers to community health and wellbeing.**
- **A Request for Proposal for the Texas Health Community Impact 2027-2028 grant cycle will be released in Spring 2026.**
- **Through the current grant, the Seeds to Success program aims to increase resilience and access to education and employment opportunities for youth and young adults in Cleburne, Keene and Rio Vista. Help us spread the word!**

Upcoming Events



- **April 10, 2026:**
Seeds to Success Skill-building Workshop
- **April 13 – May 29, 2026:**
Request for Proposals
- **April 16, 2026:**
Regional Webinar

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Questions?

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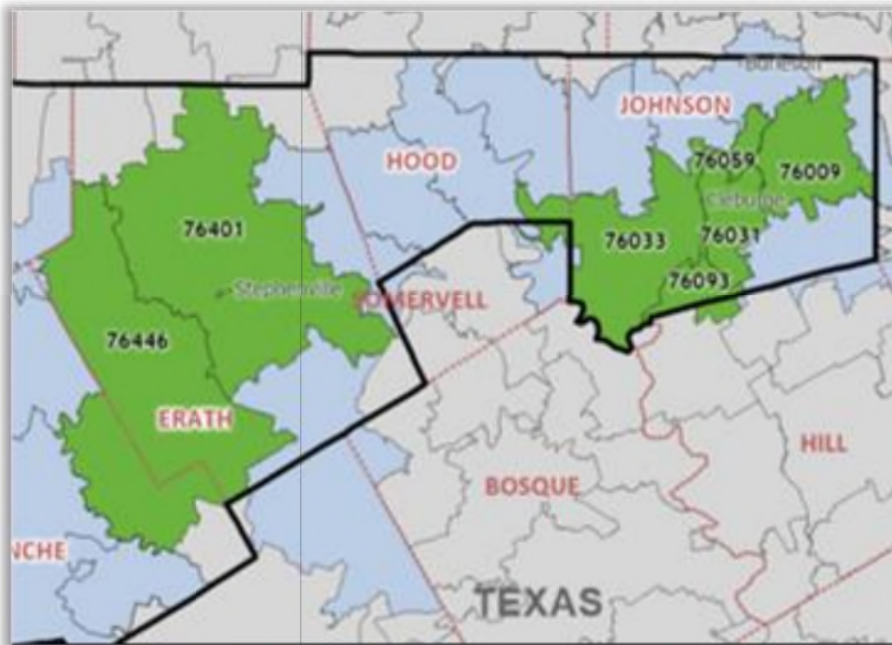




Appendix

Texas Health 2025 CHNA Priority Areas

Improve physical and mental health by focusing on non-medical drivers of health.



**Healthcare Access,
Navigation and
Literacy**



Transportation



Connectedness



Food Insecurity

For insights and shifts from the 2022 CHNA, read the complete 2025 report at TexasHealth.org/CHNA.

Promoting Healthier Futures

Texas Health Community Impact Five-Year Report



Scan or Click!

To learn more about our outcomes and human-centered approach, scan the QR code or follow the link.



TexasHealth.org/Futures

 <p>\$18.2M Invested</p> <p>In data-driven, community-led solutions</p>	 <p>49 Program Grants Awarded</p> <p>Reaching nearly 90,000 lives</p>	 <p>550 Community Organizations Aligned</p> <p>Cultivating relationships to improve health</p>
 <p>9 Systems-Level Grants Awarded</p> <p>Serving 41 school districts and 65 organizations</p>		
 <p>394 Leaders Trained</p> <p>Empowering changemakers to succeed</p>	 <p>4 Programs Scaled</p> <p>Expanding their reach and impact regionally or statewide</p>	 <p>32 ZIP Codes in 11 Counties Served</p> <p>Focusing on communities with the greatest needs</p>

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